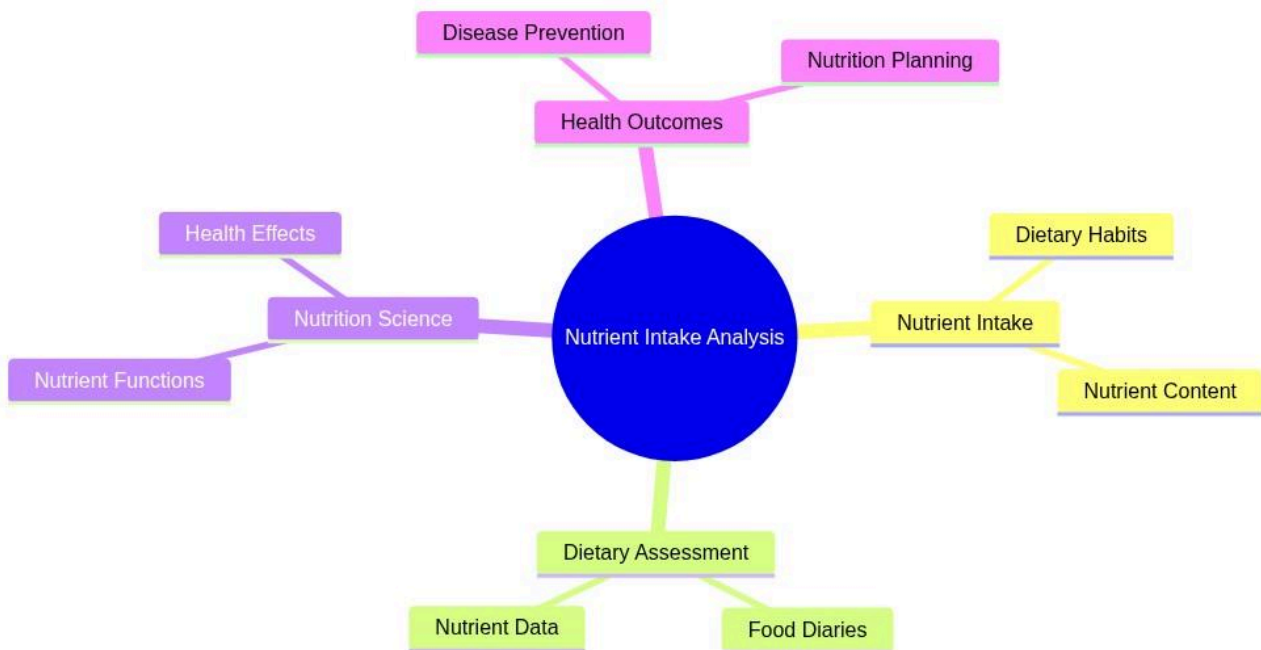


Nutritional Health Assessment

Nutrient Intake Analysis



mindmap

```
root((Nutrient Intake Analysis))
```

- Nutrient Intake
 - Dietary Habits
 - Nutrient Content
- Dietary Assessment
 - Food Diaries
 - Nutrient Data
- Nutrition Science
 - Nutrient Functions
 - Health Effects
- Health Outcomes
 - Disease Prevention
 - Nutrition Planning