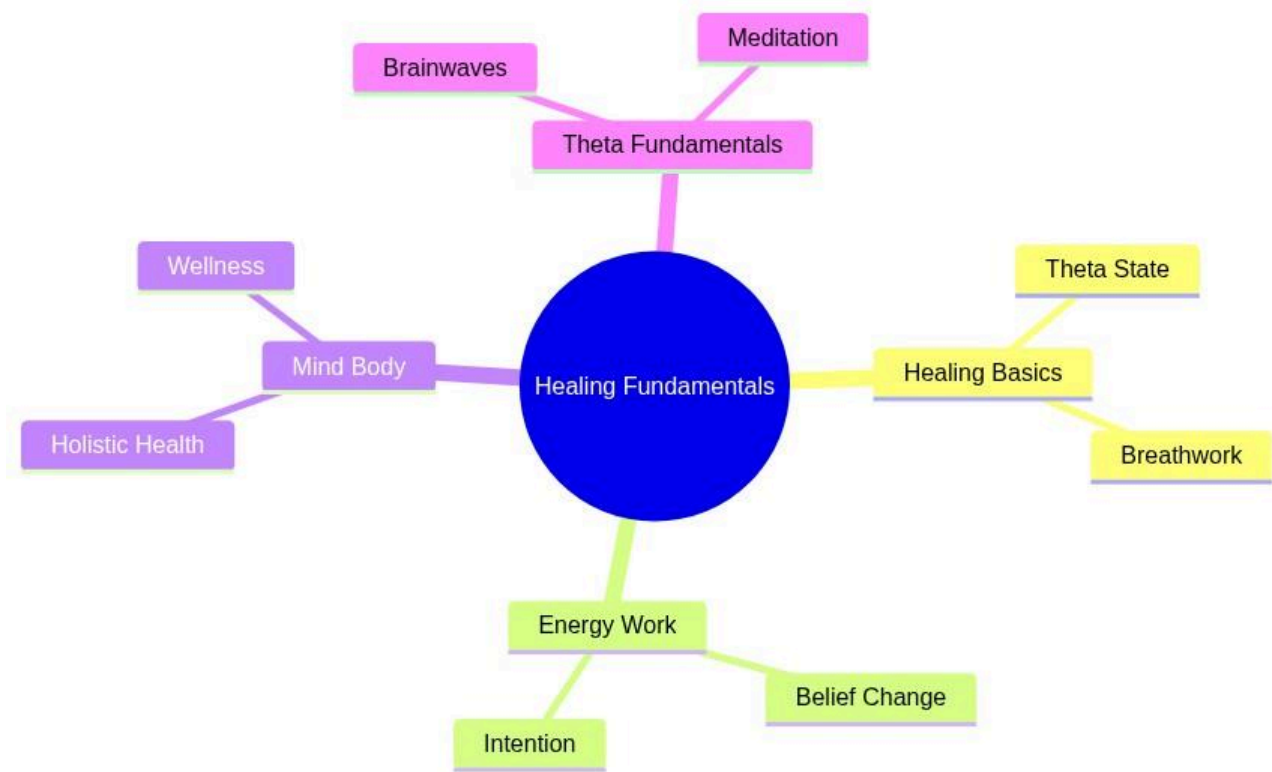


Theta Healing

# Healing Fundamentals



mindmap

```
root((Healing Fundamentals))
  Healing Basics
    Theta State
    Breathwork
  Energy Work
    Belief Change
    Intention
  Mind Body
    Holistic Health
    Wellness
  Theta Fundamentals
    Brainwaves
    Meditation
```