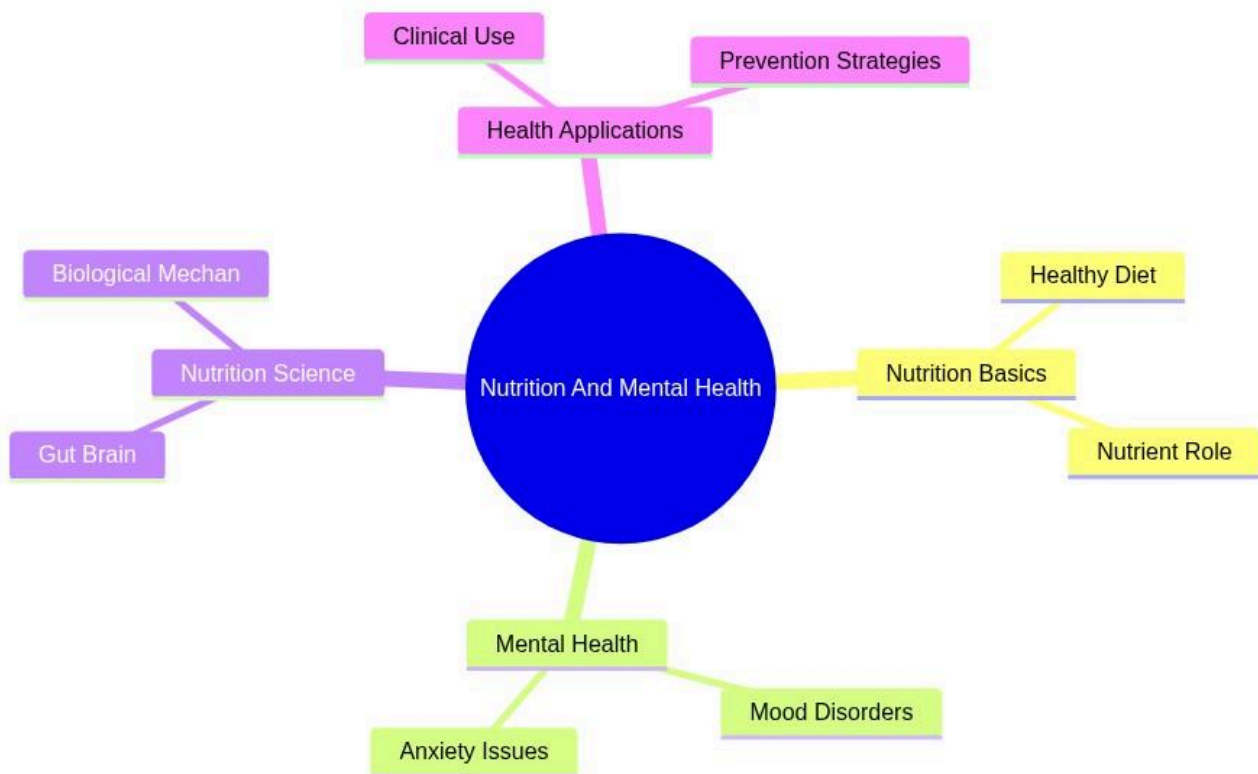


Nutritional Psychiatry

Nutrition And Mental Health



mindmap

root((Nutrition And Mental Health))

Nutrition Basics

Healthy Diet

Nutrient Role

Mental Health

Mood Disorders

Anxiety Issues

Nutrition Science

Gut Brain

Biological Mechan

Health Applications

Clinical Use

Prevention Strategies