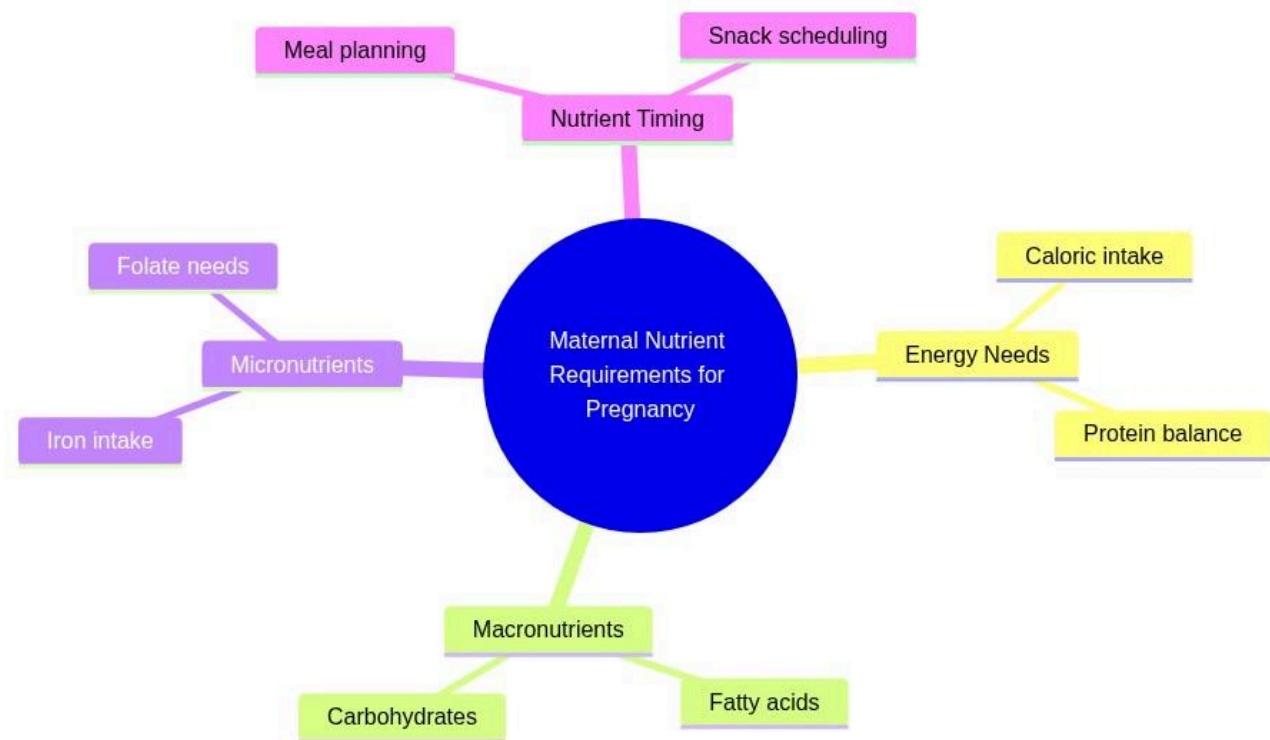


Professional Certificate in Maternal Nutrition for Infant Digestive Health

Maternal Nutrient Requirements for Pregnancy



mindmap

```
root((Maternal Nutrient Requirements for Pregnancy))
```

```
  Energy Needs
```

```
    Caloric intake
```

```
    Protein balance
```

```
  Macronutrients
```

```
    Fatty acids
```

```
    Carbohydrates
```

```
  Micronutrients
```

```
    Iron intake
```

```
    Folate needs
```

```
  Nutrient Timing
```

```
    Meal planning
```

```
    Snack scheduling
```