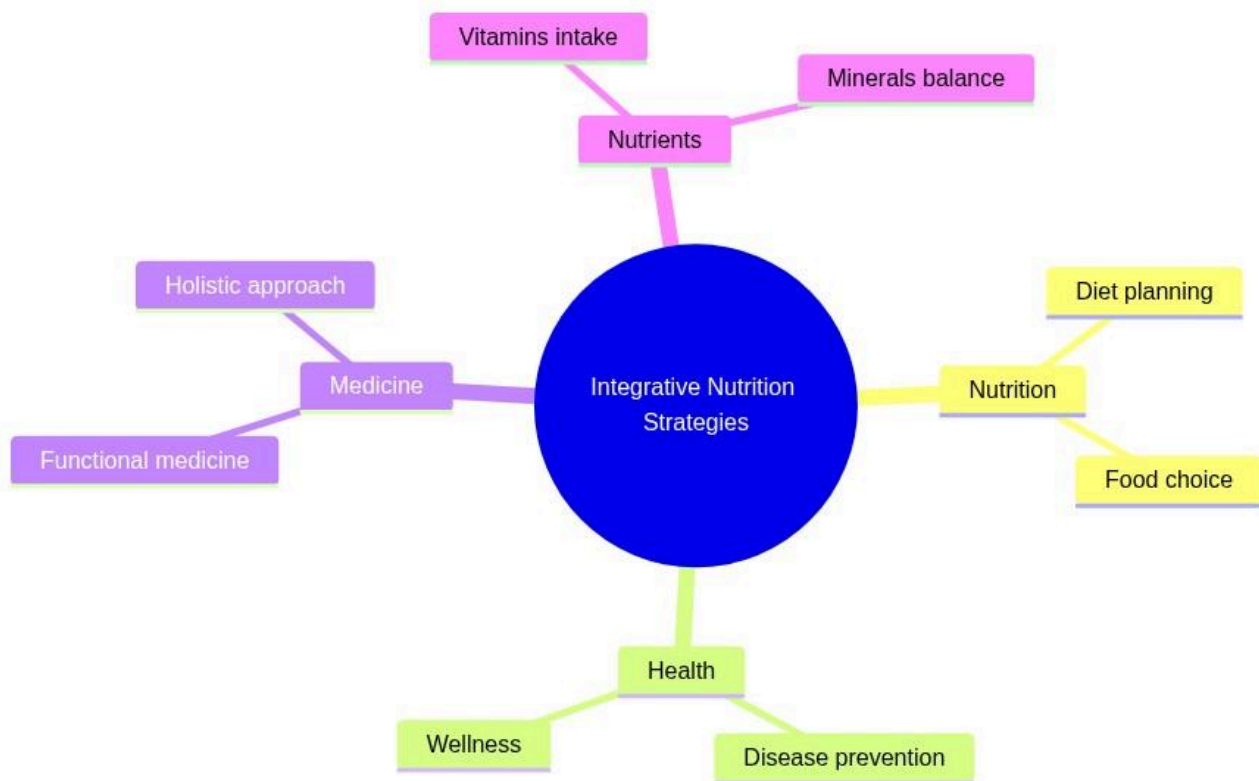


Certificate in Functional Medicine and Wellness Coaching (Part II)

Integrative Nutrition Strategies



mindmap

root((Integrative Nutrition Strategies))

Nutrition

Diet planning

Food choice

Health

Disease prevention

Wellness

Medicine

Functional medicine

Holistic approach

Nutrients

Vitamins intake

Minerals balance