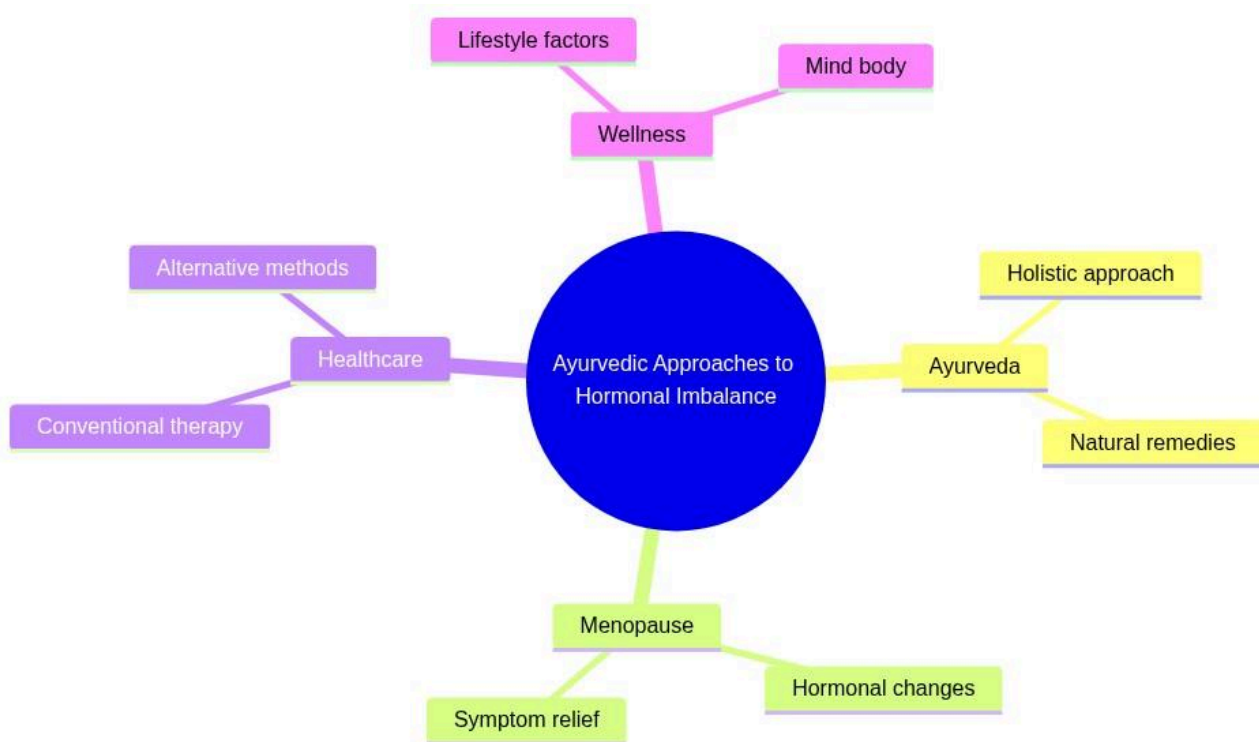


Graduate Certificate in Menopause and Ayurveda

Ayurvedic Approaches to Hormonal Imbalance



mindmap

```
root((Ayurvedic Approaches to Hormonal Imbalance))
```

```
  Ayurveda
```

```
    Holistic approach
```

```
    Natural remedies
```

```
  Menopause
```

```
    Hormonal changes
```

```
    Symptom relief
```

```
  Healthcare
```

```
    Conventional therapy
```

```
    Alternative methods
```

```
  Wellness
```

```
    Lifestyle factors
```

```
    Mind body
```