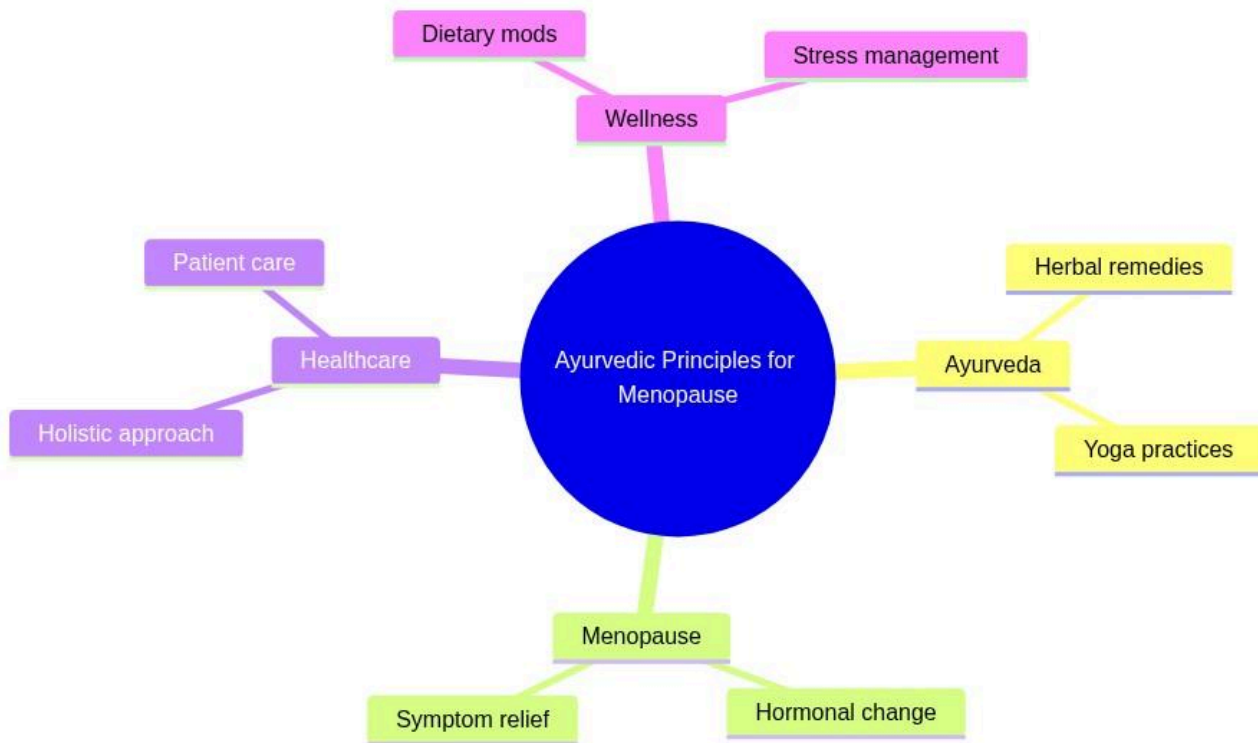


Graduate Certificate in Menopause and Ayurveda

Ayurvedic Principles for Menopause



mindmap

root((Ayurvedic Principles for Menopause))

Ayurveda

Herbal remedies

Yoga practices

Menopause

Hormonal change

Symptom relief

Healthcare

Holistic approach

Patient care

Wellness

Dietary mods

Stress management