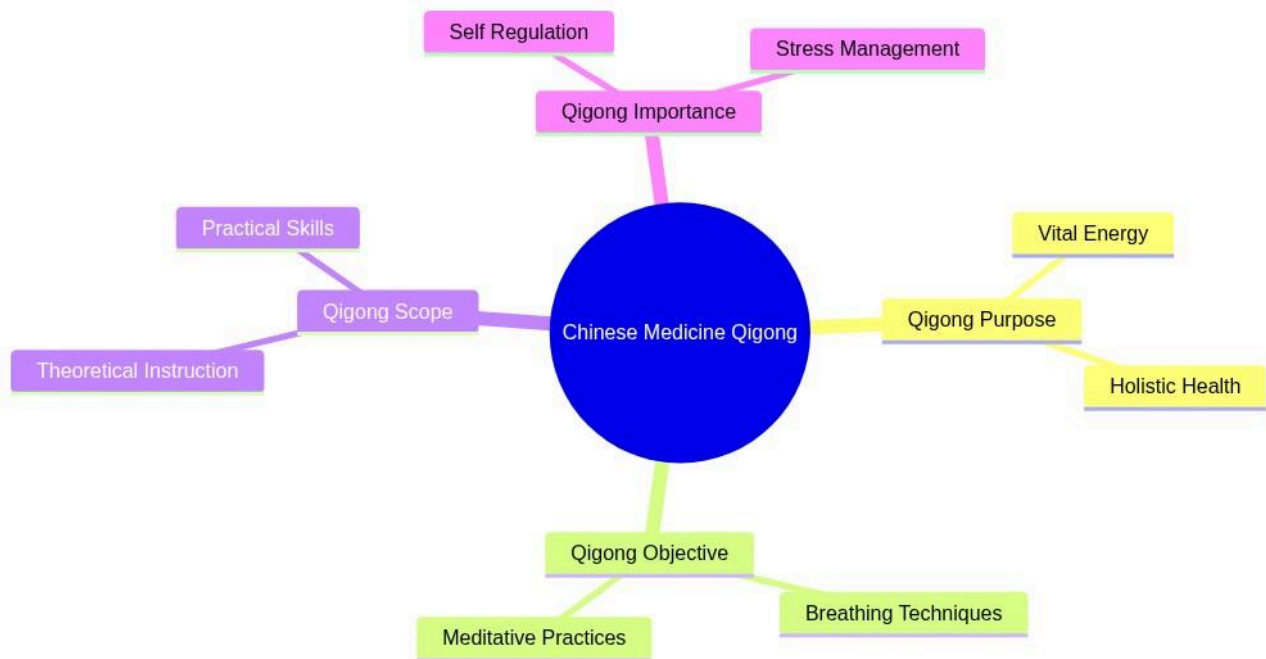


Global Certificate in Chinese Medicine and Health Care

Chinese Medicine Qigong



```
mindmap
  root((Chinese Medicine Qigong))
    Qigong Purpose
      Vital Energy
      Holistic Health
    Qigong Objective
      Breathing Techniques
      Meditative Practices
    Qigong Scope
      Theoretical Instruction
      Practical Skills
    Qigong Importance
      Self Regulation
      Stress Management
```