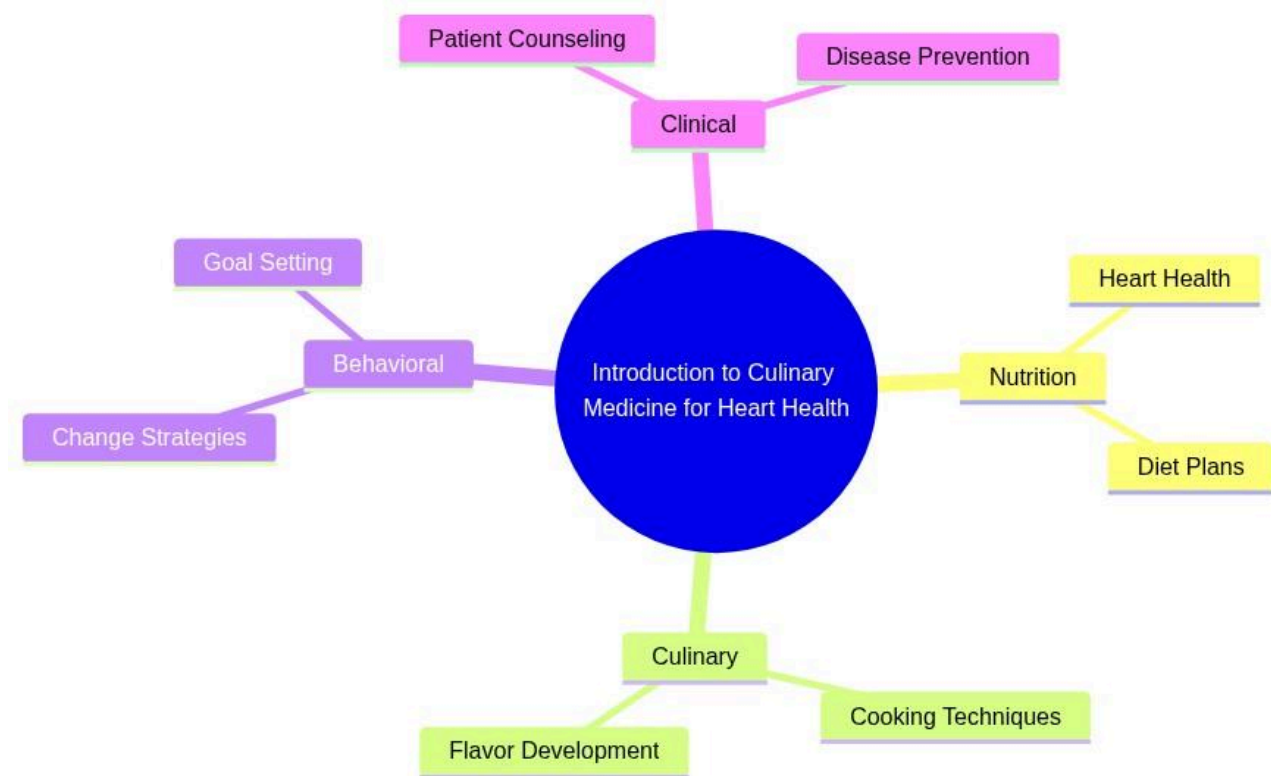


Professional Certificate in Culinary Medicine for Heart Health

# Introduction to Culinary Medicine for Heart Health



```
mindmap
  root((Introduction to Culinary Medicine for Heart Health))
    Nutrition
      Heart Health
      Diet Plans
    Culinary
      Cooking Techniques
      Flavor Development
    Behavioral
      Change Strategies
      Goal Setting
    Clinical
      Patient Counseling
      Disease Prevention
```