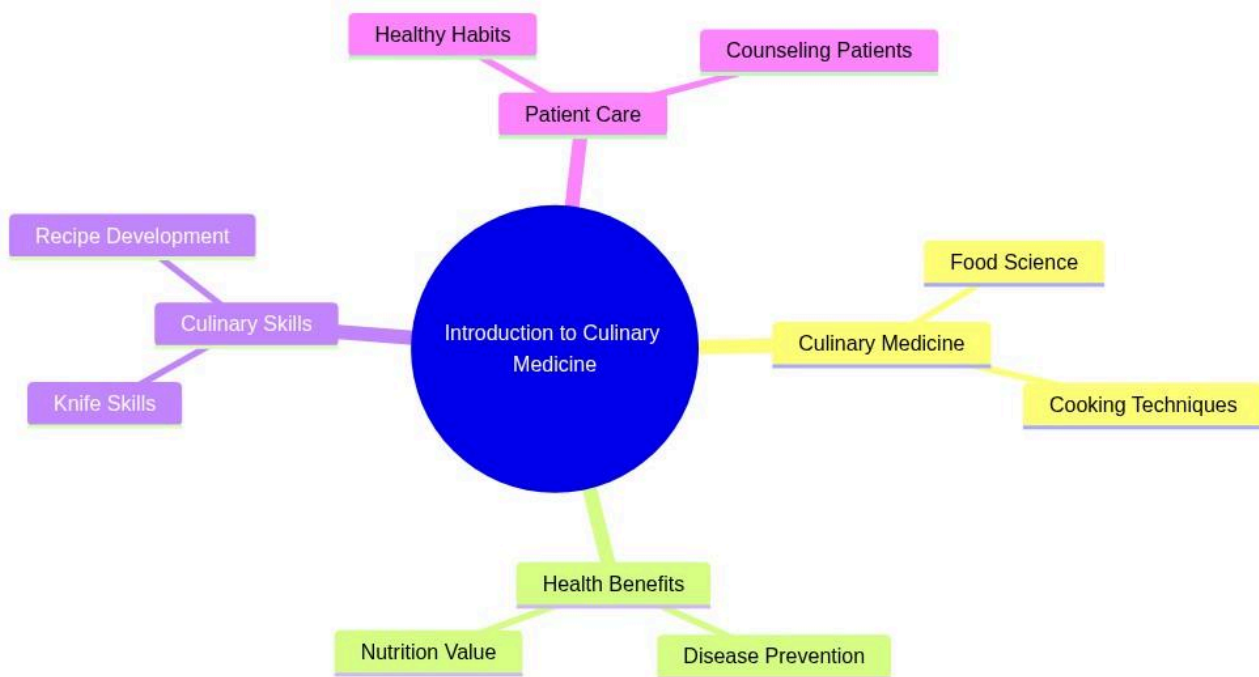


Professional Certificate in Culinary Medicine and Nutrition

Introduction to Culinary Medicine



mindmap

```
root((Introduction to Culinary Medicine))
  Culinary Medicine
    Food Science
    Cooking Techniques
  Health Benefits
    Disease Prevention
    Nutrition Value
  Culinary Skills
    Knife Skills
    Recipe Development
  Patient Care
    Healthy Habits
    Counseling Patients
```