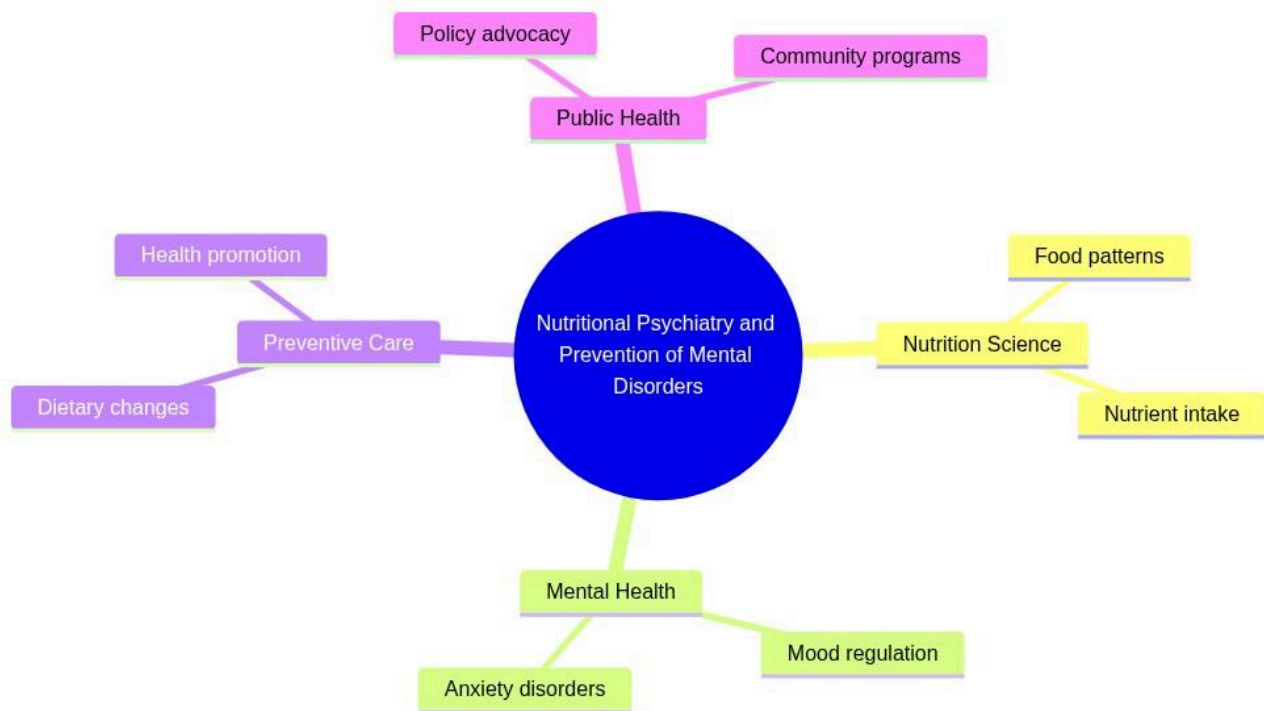


Global Certificate in Nutritional Psychiatry

# Nutritional Psychiatry and Prevention of Mental Disorders



mindmap

```
root((Nutritional Psychiatry and Prevention of Mental Disorders))
  Nutrition Science
    Food patterns
    Nutrient intake
  Mental Health
    Mood regulation
    Anxiety disorders
  Preventive Care
    Dietary changes
    Health promotion
  Public Health
    Policy advocacy
    Community programs
```