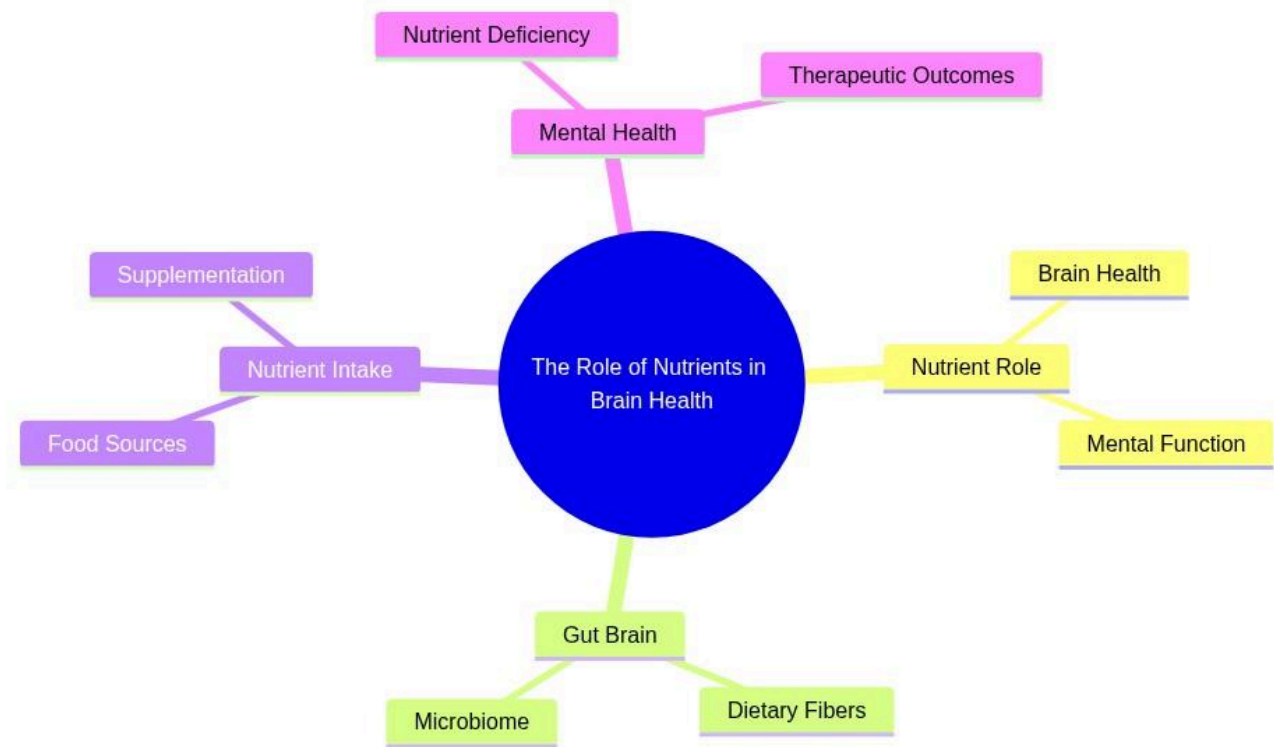


Global Certificate in Nutritional Psychiatry

The Role of Nutrients in Brain Health



mindmap

root((The Role of Nutrients in Brain Health))

Nutrient Role

Brain Health

Mental Function

Gut Brain

Dietary Fibers

Microbiome

Nutrient Intake

Food Sources

Supplementation

Mental Health

Nutrient Deficiency

Therapeutic Outcomes