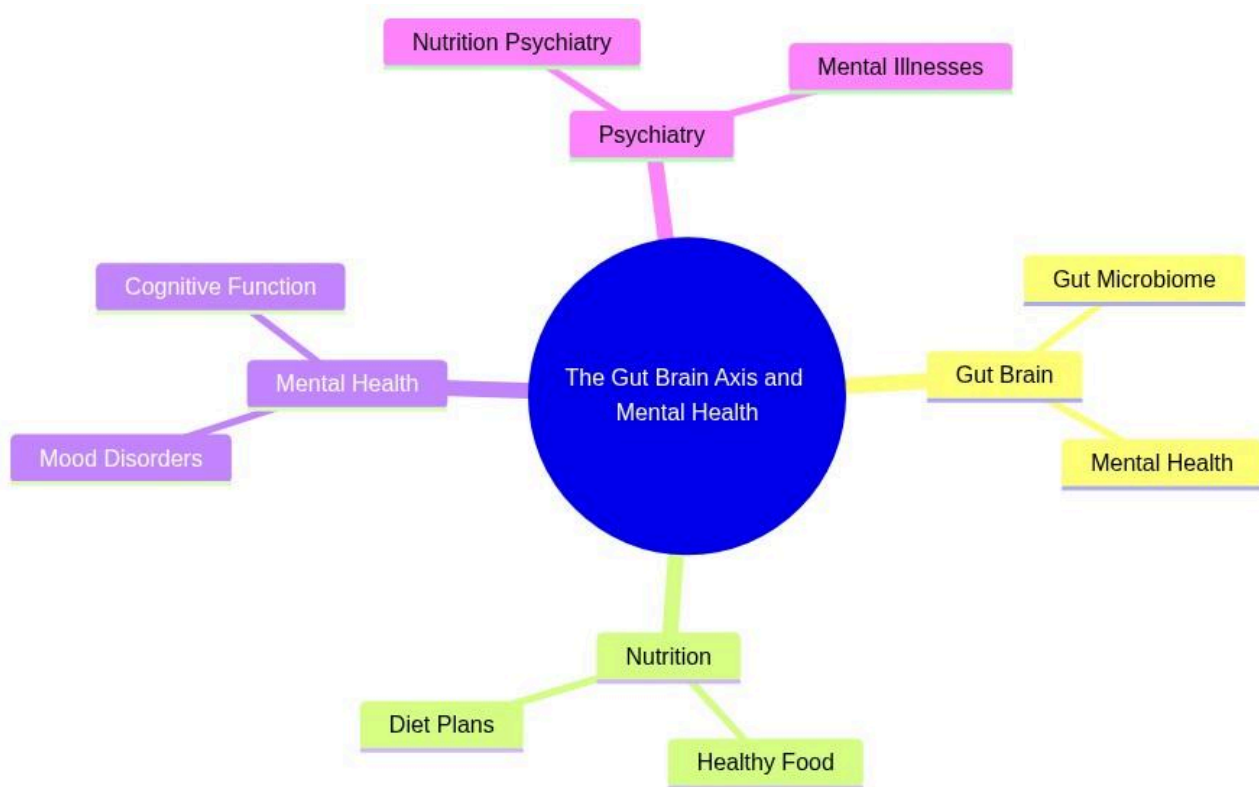


Global Certificate in Nutritional Psychiatry

The Gut-Brain Axis and Mental Health



```
mindmap
  root((The Gut Brain Axis and Mental Health))
    Gut Brain
      Gut Microbiome
      Mental Health
    Nutrition
      Diet Plans
      Healthy Food
    Mental Health
      Mood Disorders
      Cognitive Function
    Psychiatry
      Nutrition Psychiatry
      Mental Illnesses
```