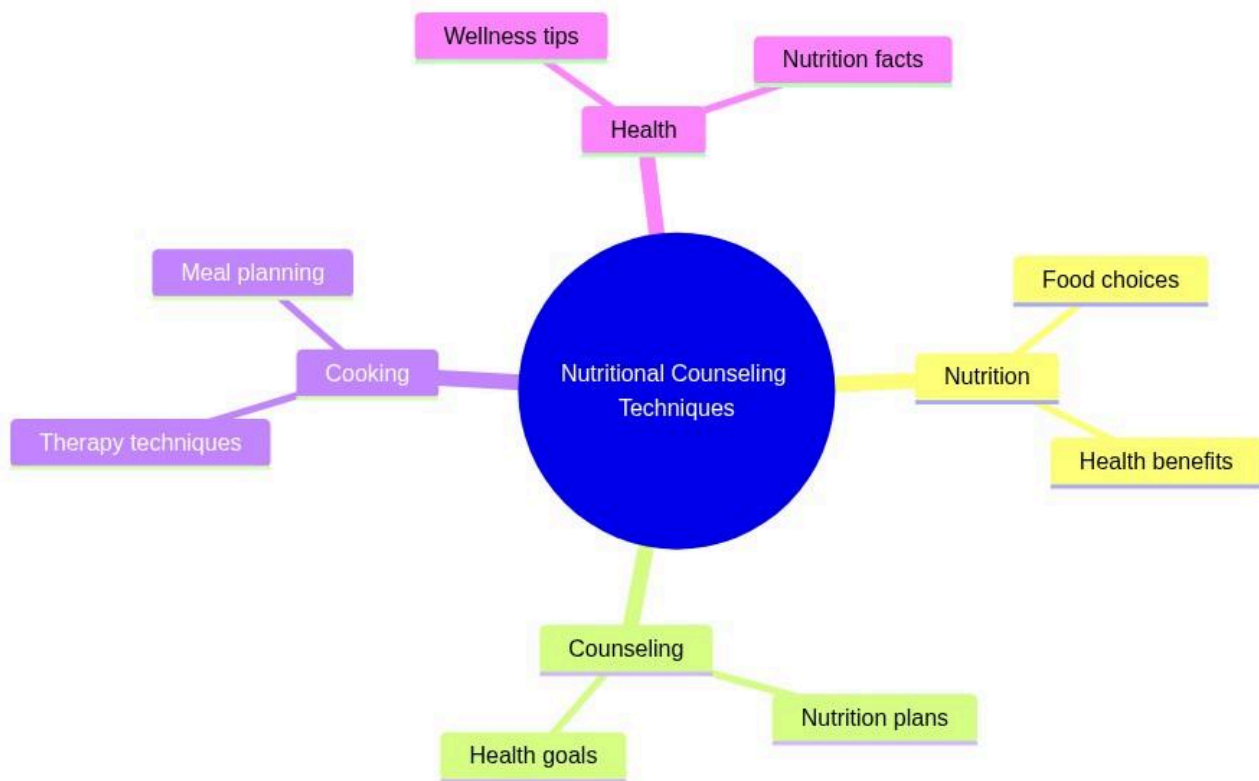


Masterclass Certificate in Cooking Therapy Techniques

# Nutritional Counseling Techniques



mindmap

root((Nutritional Counseling Techniques))

Nutrition

Food choices

Health benefits

Counseling

Nutrition plans

Health goals

Cooking

Therapy techniques

Meal planning

Health

Wellness tips

Nutrition facts