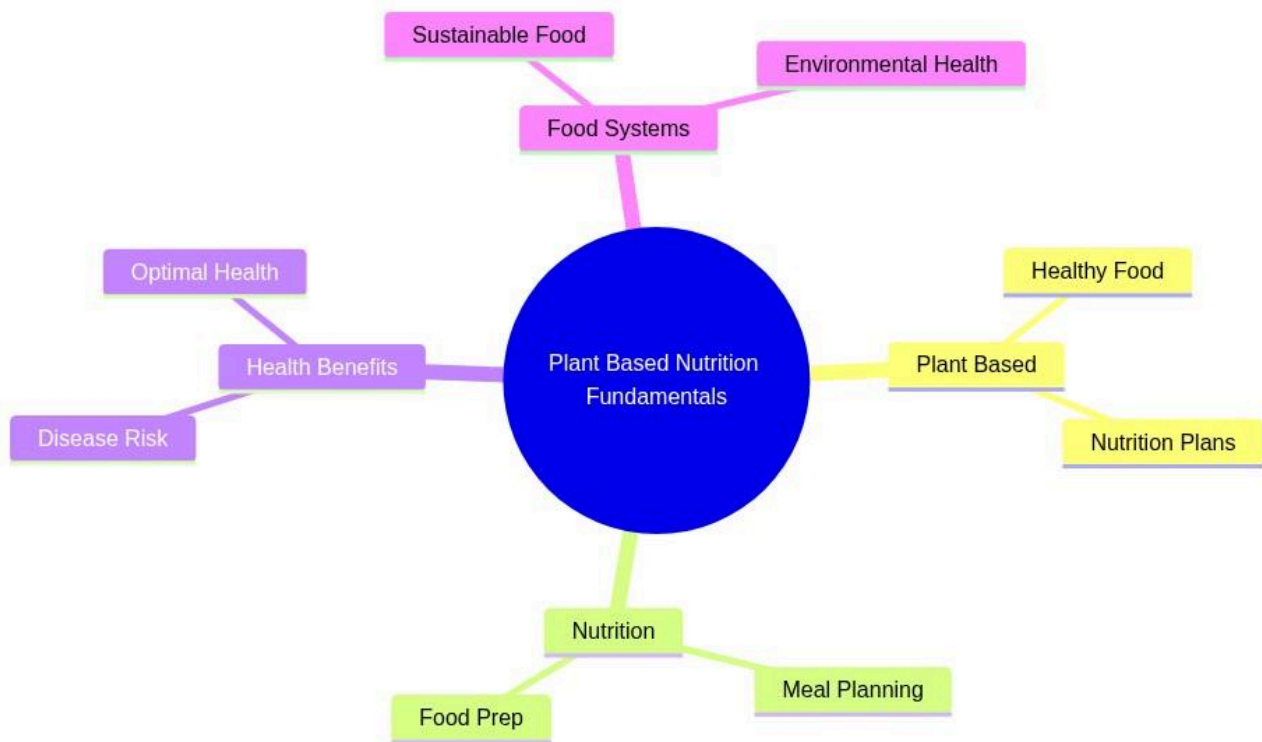


Undergraduate Certificate in Plant-Based Nutrition

Plant-Based Nutrition Fundamentals



mindmap

```
root((Plant Based Nutrition Fundamentals))
  Plant Based
    Healthy Food
    Nutrition Plans
  Nutrition
    Meal Planning
    Food Prep
  Health Benefits
    Disease Risk
    Optimal Health
  Food Systems
    Sustainable Food
    Environmental Health
```