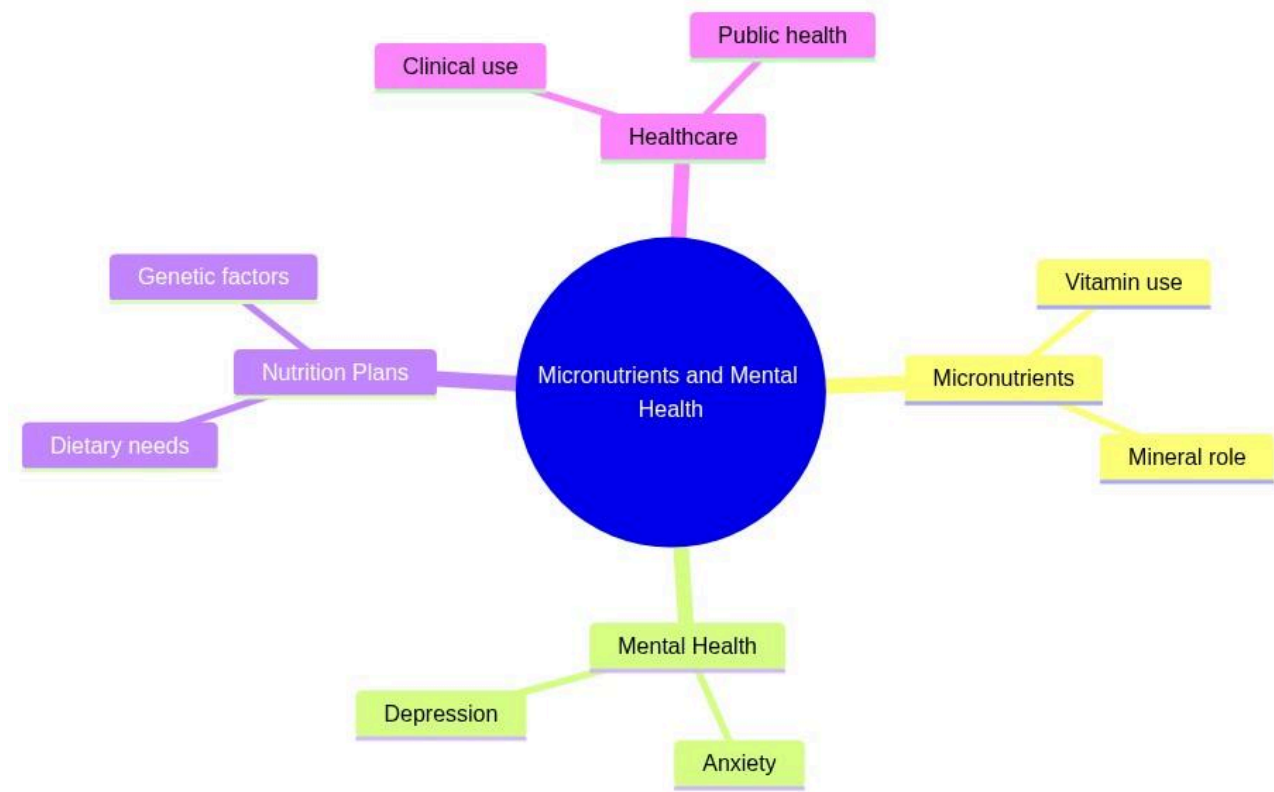


Postgraduate Certificate in Neuro-nutrition and Mental Health

Micronutrients and Mental Health



```
mindmap
  root((Micronutrients and Mental Health))
    Micronutrients
      Vitamin use
      Mineral role
    Mental Health
      Depression
      Anxiety
    Nutrition Plans
      Dietary needs
      Genetic factors
    Healthcare
      Clinical use
      Public health
```