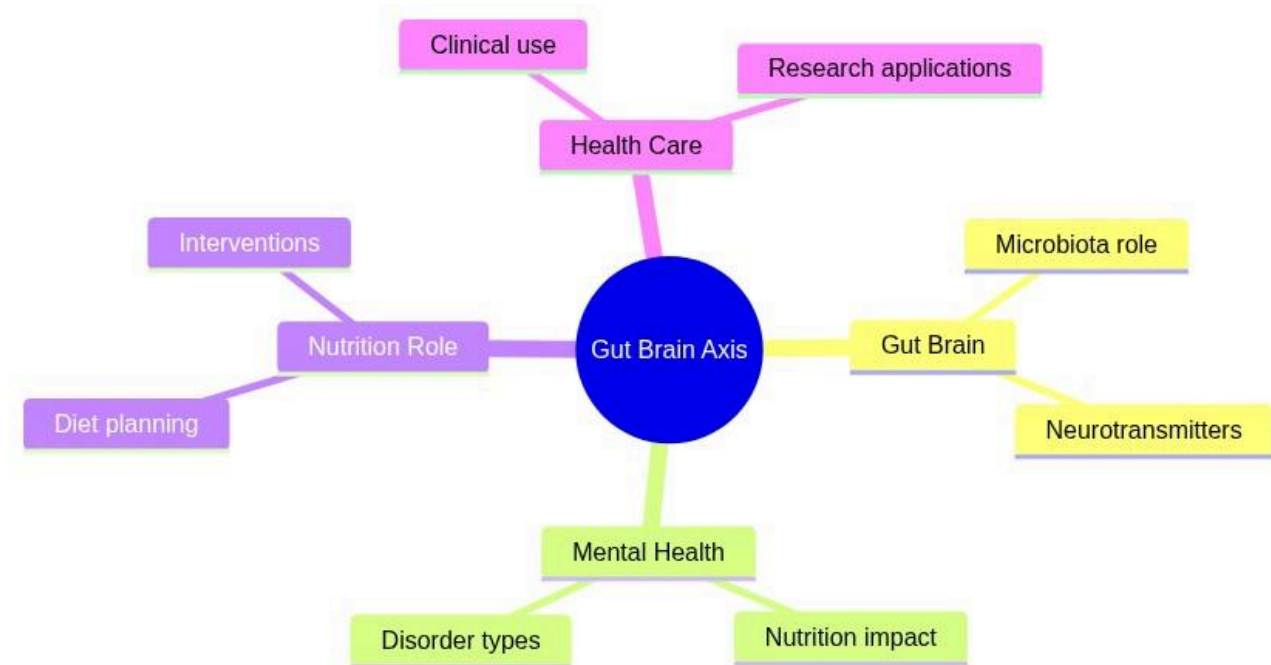


Postgraduate Certificate in Neuro-nutrition and Mental Health

Gut-Brain Axis



```
mindmap
  root((Gut Brain Axis))
    Gut Brain
      Microbiota role
      Neurotransmitters
    Mental Health
      Nutrition impact
      Disorder types
    Nutrition Role
      Diet planning
      Interventions
    Health Care
      Clinical use
      Research applications
```