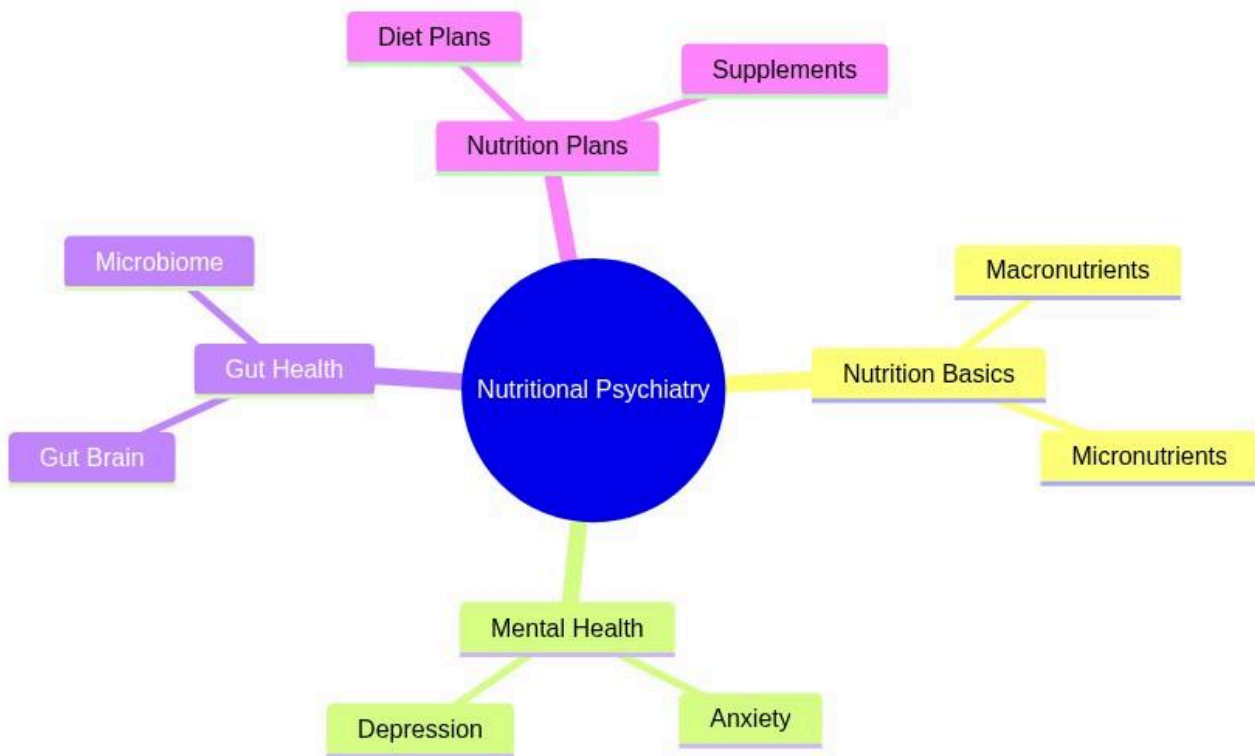


Postgraduate Certificate in Neuro-nutrition and Mental Health

Nutritional Psychiatry



```
mindmap
  root((Nutritional Psychiatry))
    Nutrition Basics
      Macronutrients
      Micronutrients
    Mental Health
      Anxiety
      Depression
    Gut Health
      Gut Brain
      Microbiome
    Nutrition Plans
      Diet Plans
      Supplements
```