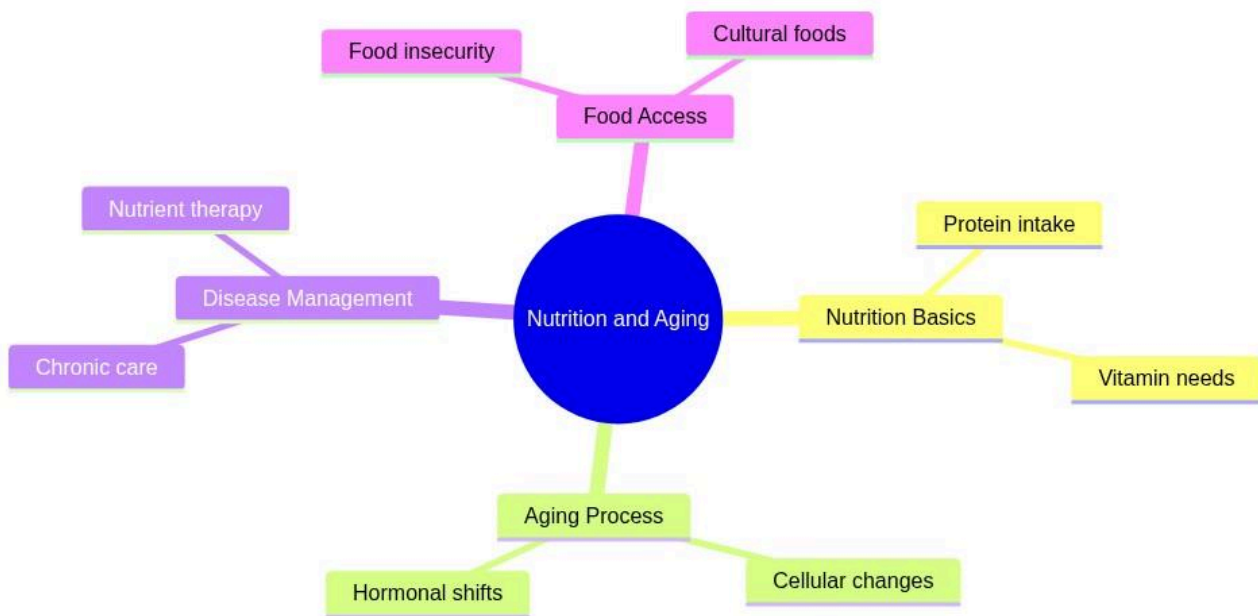


Graduate Certificate in Nutrition for Aging Populations

Nutrition and Aging



mindmap

root((Nutrition and Aging))

Nutrition Basics

Protein intake

Vitamin needs

Aging Process

Cellular changes

Hormonal shifts

Disease Management

Chronic care

Nutrient therapy

Food Access

Food insecurity

Cultural foods