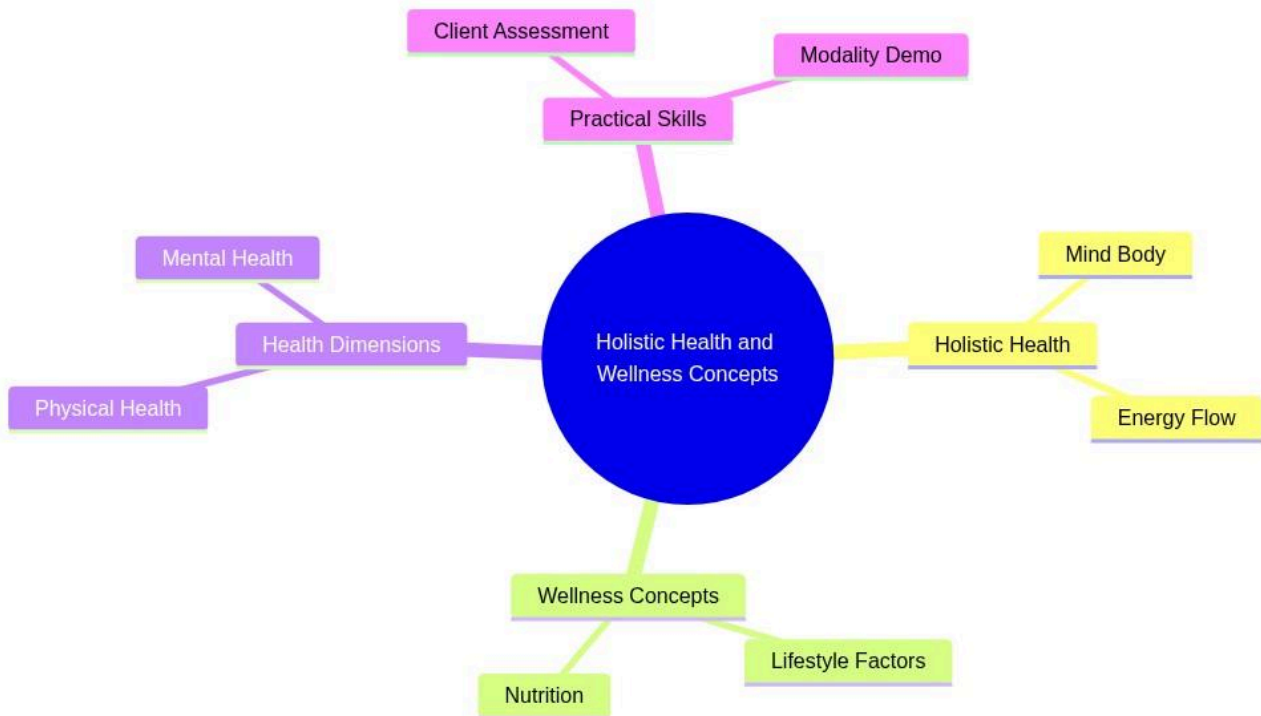


Certificate in Holistic Wellness

Holistic Health and Wellness Concepts



mindmap

root((Holistic Health and Wellness Concepts))

Holistic Health

Mind Body

Energy Flow

Wellness Concepts

Lifestyle Factors

Nutrition

Health Dimensions

Physical Health

Mental Health

Practical Skills

Client Assessment

Modality Demo